

Heresy Happens!

Truth Matters!

THE KUNDALINI CONNECTION

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A LITTLE HISTORY

The Background of Kundalini Yoga

In Hinduism there are several forms of yoga (yoking) which all have the goal of giving the practitioner *cosmic consciousness* and unity with God. The origins of Kundalini Yoga (sometimes called Raja or roya Yoga) come from the form of Hinduism known as Kashmir Shaivism.

This form of yoga comes from the Kashmir region of India and the god these Hindus worship is Shiva. If anyone saw *Indiana Jones and the Temple of Doom* the Hindu god represented there was Shiva.

Who Is Shiva?

{shi'-va}

One of the two principal Hindu gods (the other being [Vishnu](#)), **Shiva** is frequently viewed **as the destroyer of the world prior to each period of dissolution**. He is depicted in both terrible and graceful forms, the latter including the dancing **Shiva**, or Nataraja. He consorts with a mother goddess, Ambika, known by various other names such as Parvati, Uma, Durga, or Kali (see also [Shakti](#)), and his presence is iconographically suggested by the image of his vehicle, a bull (Nandi), or by the pillar-shaped lingam, a phallic image. Hindus who view **Shiva** as the supreme deity are known as Shaivites. Among the various localized sects of Shaivism are **Kashmir Shaivism**, Virashaivism, and Shaiva Siddhanta.

Karl H. Potter

Bibliography:

Clothey, F., and Long, J. B., eds., *Experiencing Siva* (1983); Gaston, A. M., *The Study of Siva in Dance, Myth, and Iconography* (1982); O'Flaherty, W. D., *Siva* (1981).

Why Practice Kundalini Yoga?

Kundalini in English means "**the serpent power**." It is the common Hindu belief that within each person resides a "serpent" coiled tightly up at the base of the spine. Through practicing Kundalini yoga, along with chanting, mediation, and an impartation from the guru one can have their Kundalini Awakened.

Kundalini Yoga is the **POWER** yoga of Hinduism. It is the pathway to supernatural power and godhood.

Kundalini Yoga can also lead to mental collapse, psychosis, and demon possession (for the lost) or oppression (for the believer). If you will search any Kundalini site on the InterNet, all of them will warn of the dangers involved in awakening the serpent power within an individual.

Since the fall of Adam man has sought power and sought to be like God. In Hinduism, Kashmir Shavism is the quickest pathway to these goals.



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THE POWER GURUS

(Read these accounts and take note of the manifestations. Then go on to the comparison section of the site.)

SAI BABA:

Sai Baba was followed by millions of people globally. He had the "goods" that is, he had **supernatural power** flowing in his *ministry*.

He performed genuine miracles.

He could make *vedhuti* appear out of thin air (sacred ash).

He could materialize gold rings and jewels which he gave to his followers.

He had the ability to know people's thoughts.

He healed the sick at times

He regularly appeared to his followers at night in their dreams and reveal their dreams to them the next day

He gave his followers visions

Many followers heard his voice as an inner-guide which lead them in making decisions in life

He gave his grace (enlightenment and power) to selected followers by the laying on of hands

He was and is seen by millions as a true *Avatar*, a human incarnation of God.

Muktananda

He was the disciple of Nityananda and in 1947 he received his **impartation** of power from Nityananda. Nityananda was called Gurudev and was seen as a Jivan-Mutki or liberated one, and thus

worthy of worship as a god. This too is what Muktananda became to millions. Here is an excerpt from Tal Brooke's excellent book *Riders of the Cosmic Circuit*. This is Muktananda's experience when his kundalini was awakened:

"I understood nothing about the various experiences such as the vision of dissolution and the radiant light that had come to me on the first day. Only afterwards did I learn that they were all part of a process pertaining to *shaktipat* (the divine power-touch of the guru). *Shaktipat* is simply another name for the full grace of the supreme guru. This as the awakening process of the *kundalini* - the serpent-like energy the yogis believe is curled at the base of the spine. And its rising upwards can only be handled by a well-initiated adept, driving most people irretrievably mad should they even get a mild taste of it. Sometimes I would jump and hope like a frog, and sometimes my limbs would shake violently as though shaken by a deity. The goddess of consciousness, and was shaking me with his inner shakti (power). This power of the guru's grace enters the disciples body in a subtle form and does many great things.

Sometimes my body would writhe and twist like a snake's while a hissing sound would come from inside me. Sometimes my neck moved so violently that it made loud cracking sounds. I roared so much that the cows nearby broke their ropes. . .sometimes roar like a tiger.

Muktanada was given the ability to know past and future events

Muktanada was "slain in the spirit"

Muktanada gave his grace away to his followers through *shaktipat initiation* laying on of hands.

Muktanada was worshipped as a god and had/has 62 centers in the US

"Muktanada's impact was overwhelming. He was fierce with energy. People vibrated in his energy field as he threw out waves of power into the audience, thunderbolts of shaktipat through gesture and powerful gazes." pg. 58

"The voltage surging through Muktananda was no joke. It had to move on before the body dropped away. It needed this *kundalini*- a very prepared host. pg. 64

"For the next three days my body was pulsating with the energy that surged through it. I laughed ecstatically, wept with happiness, felt energetic enough to hold the universe in my hand, and hungry enough to devour all the earth's food (Karen Alboher) pg. 68

Bhagwan Shree Rajneesh

Rajneesh also had a huge following

His goal was to release godhood on a large scale and have his disciples infiltrate the world

His form of Shavism was Tantric in nature. A true Tantric practitioner is not bound by any morality or ethics at all, they have transcended those concepts into the pure non-dualism of "all is good" "all is god." By merely appearing to his disciples they would begin to **weep and laugh uncontrollably**, they would **dance, hop, and pass out** just by his presence.

"Rajneesh slowly moved to his throne, his hands in the *namaste* prayer position, as he pivoted slowly to face his entire audience. The hush was electric. One could just feel the guards psychically trying to control the surges passing across the audience. . .Rajneesh's body was a glove covering a naked force. . .I felt it with an intensity. . .**It did have a supernatural consciousness--but its origins and flavor were well disguised from this adoring and desperate throng.**" pg. 92

"Here is where Advaita and Tantra remain supreme. Not the popularized Tantra, but the cryptic North Indian Kashmiri variety. Here is where all the seals of what we call a human being is blown apart. pg. 138-139

In 1953 Rajneesh's kundalini was awakened through meditation
Many of his disciples had psychotic breakdowns, some killed themselves

"A bolt of electricity passing through his body. Passing from one person to the next, moving around the circle, coming back to him. The group began **shaking violently**. It was **as if they were all possessed, taken over by a powerful impersonal energy.**" pg. 148

"**Suddenly her body was shaking**, she was screaming. Somendra was moving around her - touching her on the back of her neck, on the chest, on the belly. As he'd touch her, his hands vibrating with energy, the part of her body where he touched her would begin shaking more violently. Shaking, screaming, crying - she became a dynamo of energy. . .she was on fire, **from the opposite corner they could feel her energy.**" pg. 149



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THE STRIKING SIMILARITIES BETWEEN THE "TORONTO BLESSING" AND THE SERPENT POWER OF KUNDALINI

Here is a DIRECT QUOTE from a Kundalini Page on the web (caps are my addition):

"Usually the awakening of Kundalini was a process which only occurred after years of spiritual practice and meditation. Yet **INCREASINGLY**, the Kundalini experience is being reported among people who are not undertaking spiritual practices. Since 1993, when Shared Transformation, an American journal for connecting spiritual awakeners first began, it has been contacted by OVER 700 people in the throes of **SPONTANEOUS KUNDALINI AROUSAL** (Collie & Kree, 1995). These INCREASED reports of spontaneous Kundalini awakening at this time of PLANETARY UPHEAVAL may be INDICATIVE OF A LARGER PURPOSE AS WORK, the beginning of a planetary wake up call. . ."

Since reading this article I have sent off several e-mails to various "gurus" and New Age sites describing the activity at Toronto and Pensacola and asking their opinions of them and did they think these could be spontaneous Kundalini Awakenings in these folks. I will inform you of their responses when I get them.

The above article tells me that what used to take years (I know from experience) now is being "granted" immediately to those not even following the yogic path. These occult folks view this as indicative of a **LARGER PURPOSE AT WORK**. What and/or whose purpose?

The only answer is the larger purpose is that of Satan and his hosts of seducing and deceiving spirits. **Their purpose is to dupe well-meaning Christians via demonic manifestations masquerading as the "work of the Spirit."**



















My brothers and sisters there is a **GLOBAL DEMONIC DECEPTION** being perpetrated on 100,000's of charismatic Christians. Almost all the Charismatic leaders endorse these manifestations as a *true move* of the Holy Spirit.

KUNDALINI SIGNS AND SYMPTOMS

by El Collie

Many individuals whose Kundalini has been unexpectedly unleashed **DO NOT KNOW WHAT IS HAPPENING**, and the prevailing social ignorance about this multidimensional transformative process makes it hard to find medical or alternative health practitioners or spiritual advisors who recognize the symptoms, particularly when they are strongly physical. **Many people know that the risen Kundalini flings open gates to all sorts of mystical, paranormal and magical vistas but few realize it can also dramatically impact the body.** A large percentage of *Shared Transformation* subscribers have reported long bouts of strange illness as well as radical mental, emotional, interpersonal, psychic, spiritual and lifestyle changes. Over and over again we hear stories of frustrating, sometimes desperate visits to doctors, healers, counselors, etc. who neither understood nor were able to help with the myriad pains and problems catalyzed by raging Kundalini.

The following are common manifestations of the risen Kundalini:

-  **Muscle twitches, cramps or spasms.**
-  **Energy rushes or immense electricity circulating the body**
-  Itching, vibrating, prickling, tingling, stinging or crawling sensations
-  Intense heat or cold
-  **Involuntary bodily movements (occur more often during meditation, rest or sleep): jerking, tremors, shaking; feeling an inner force pushing one into postures or moving one's body in unusual ways**
-  Alterations in eating and sleeping patterns
-  Episodes of extreme hyperactivity or, conversely, overwhelming fatigue
-  Intensified or diminished sexual desires
-  Headaches, pressures within the skull
-  Racing heartbeat, pains in the chest
-  Digestive system problems
-  **Numbness or pain in the limbs (particularly the left foot and leg)**
-  Pains and blockages anywhere; often in the back and neck
-  **Emotional outbursts; rapid mood shifts; seemingly unprovoked or excessive episodes of grief, fear, rage, depression**
-  **Spontaneous vocalizations (including laughing and weeping) -- are as unintentional and uncontrollable as hiccoughs**
-  Hearing an inner sound or sounds, classically described as a flute, drum, waterfall, birds singing, bees buzzing but which may also sound like roaring, whooshing, or thunderous noises or like ringing in the ears.
-  **Mental confusion; difficulty concentrating**
-  **Altered states of consciousness: heightened awareness; spontaneous trance states; mystical experiences (if the individual's prior belief system is too threatened by these, they can lead to bouts of psychosis or self-grandiosity)**

- **Heat, strange activity, and/or blissful sensations in the head, particularly in the crown area.**
 - **Ecstasy and intervals of tremendous joy, love, peace and compassion**
 - Psychic experiences: extrasensory perception; **out-of-body experiences**; pastlife memories; astral travel; direct awareness of auras and chakras; contact with spirit guides through inner voices, **dreams or visions; healing powers**
 - Increased creativity: new interests in self-expression and spiritual communication through music, art, poetry, etc.
 - Intensified understanding and sensitivity: insight into one's own essence; deeper understanding of spiritual truths; exquisite awareness of one's environment (including "vibes" from others)
 - **Enlightenment experiences: direct Knowing of a more expansive reality; transcendent awareness**
-

Some people have told us they find the concept of "Kundalini" foreign and prefer to simply call this their "awakening," which is fine with us. But for most who contact us, the Kundalini explanation provides an important framework with which to accept and work with their experiences. We each have a unique way of interpreting, honoring and describing our spiritual wisdom. I do not believe there is only one right way to know or express the truth. **Far more important, I believe, is to have an open heart and to be faithful to our own path, wherever it may lead.** We have also been asked why we do not put more emphasis on union with the Divine and God-realization, which are very much central to spiritual awakening. Since everyone experiences and interprets their mystical experiences differently and very personally, to make sure no one will feel excluded, we just speak of "awakening consciousness" or "transcendent states" on the ST Web pages. In our Shared Transformation newsletter, individuals with variant religious beliefs are welcome to (and DO) tell about their experiences of this sort. **Some speak of God, Christ, Goddess, the Holy One, Spirit,** or simply a magnificent Whole in which we all partake. Also, for some people, profound spiritual realizations do not occur until months or years after the other signs and symptoms. Individuals who are having experiences of an obvious spiritual nature are usually more able to integrate and benefit from the process, regardless of how they may label it. But those who experience what seems to be illness or weird psychic phenomena often are very alarmed until they understand that they are not sick or crazy. **And even the enlightening and beautiful experiences can be so powerful that people doubt their sanity.** This is why the information and validation we offer in the ST newsletters and the opportunity to exchange insights with others through Shared Transformation's [Friends Online](#) and the [Kundalini Mailing List](#) is so valuable.

A more detailed list of Kundalini manifestations can be found in **Shared Transformation** newsletter, Issue #5.

For a free introductory copy of ST newsletter (only Issue #1 is free), send a #10 self-addressed,

stamped envelope to:

Sun Chariot Press
PO Box 5562
Oakland CA 94605

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The Toronto/Pensacola descriptions come from either first hand encounter of videos of actual services.

The Kundalini manifestations are taken directly from a Kundalini web site

Pensacola/Toronto Manifestations	Kundalini Yoga Manifestations
Uncontrollable laughter	Laughing and weeping are as unintentional and uncontrollable as hiccoughs
Spasms	Jerking, Tremors, Shaking
Involuntary body movements	Postures or moving one's body in unusual ways
Being "slain in the spirit"	Spontaneous trance states
Making animal noises, roaring	Spontaneous vocalizations
Being "drunk in the spirit"	Muscle twitches or spasms
Visions while " <i>slain</i> "	Guidance through inner voices, visions, dreams
Mental confusion	Mental confusion, difficulty concentrating
Feeling heat, electricity	Energy rushes, electricity circulating in the body
Jumping "po-go-ing"	Vibrating, tingling sensations
Supernatural smelling of scents	Out-of-body experiences

	Experiencing the smell of flowers, incense
<p>How one receives this "Blessing" THROUGH THE LAYING-ON-OF HANDS CALLED AN IMPARTATION BY SOMEONE</p>	<p>How one receives Kundalini Awakening THROUGH THE LAYING-ON-OF-HANDS DURING "SHAKTI-PAT" INITIATION</p>
<p>Who can administer the "blessing" ANYONE WHO HAS RECEIVED IT FROM A PERSON ALREADY "BLESSED."</p>	<p>Who can give Shakti-pat? ANYONE WHO HAS RECEIVED THE ABILITY FROM THE GURU OR ONE OF HIS DISCIPLES.</p>

Do any of these "manifestations" sound vaguely familiar? They match almost exactly with the experiences of people in Toronto, Pensacola, Bromptom England, etc. **I have video footage of** a woman in Pensacola standing trying to give her testimony with a panicked look on her face calling out to her husband "honey where are we from." **Her mind was so BLOWN and CONFUSED that she did not (1) know her own name and (2) did not know where she lived! Yet this is God! Our God is not the Author of CONFUSION, nor does He confuse His people. If anything the Holy Spirit gives utmost CLARITY.** Yet **MENTAL CONFUSION and LACK OF CONCENTRATION** are however 2 signs of ones "serpent power" being released.

World-wide reports of the **UNCONTROLLABLE LAUGHING and/or CRYING** have circulated. **This too is a sign of the serpent power being manifested.** . .yet there is no Biblical support for such manifestations at all.

Unexplained hand and arm motions (I've personally seen this in Toronto) are viewed as God playing/working with one of His saints. **Yet it is a classic example of the serpent power in operation.** Hindus may see these as spontaneous yogic gestures or postures (I have footage of a man in Boston performing yogic postures). . .Yet again this is seen as the Holy Spirit. **REALLY?** Animals sounds, grunts, roars also fall within awakened Kundalini.

People being "slain in the spirit" and while "in the spirit" many have reported visions, **again a parallel with Kundalini Awakening.**

I just received an e-mail which says "

Subj: Warning

Date: 97-05-19 20:25:53 EDT

From: priceda@ucs.orst.edu

To: steve@balaams-ass.com

Brother in Christ,

I want to make sure that you know about something that happened in Pensacola in April. You wrote in your article that sweet aromas will fill churches next. It happened in Pensacola in one evening as Joyner was preaching. **He said a blue "cloud of glory" filled the sanctuary as they did their demonic manifestations and then a "very sweet smell filled the whole place"**. Maybe this happened before you wrote the article, but I remember that you said this would be the next thing happening and, well, it happened. Just thought you might want to know that you predicted right. I guess we have to see what's next. In Him, D**** P****

Smelling the scent of incense (frankensense, sandalwood, etc.) or flowers is also an indication of Kundalini Awakening.

My former guru Muktananda Paramahansa always spoke of seeing "chiti" or "consciousness" all around him as BLUE SPARKS. How many more parallels do Charismatic Christians need to be convinced that what they are experiencing is DEMONIC?

Another irrefutable parallel is that the charismatic manifestations can all be traced to Rodney-Howard Browne. From the impartation of his hands all this has come! Kundalini Awakening comes from a lineage of guru's and is imparted by them to their disciples, who give it to their disciples, etc. . .

ONE THING IS UNDENIABLE: There is NO Biblical support for the manifestations, however there is a ONE-TO-ONE correspondence between "Holy Laughter" and the occult manifestations.

It has been many many years since I sat before an altar with a picture of Muktananda Paramahansa and a statue of a coiled cobra snake, eating prasad (food blessed by the presence of the guru). I am saddened to see multitudes of sincere believers practicing Kundalini yoga. Receiving impartation from their own local/national/international gurus, whether they be called Pastor Arnott, Benny Hinn, Rodney Browne, etc.

The fruit is the same. The manifestations are the same. It comes via a human being (not sovereignly by God). It comes after much singing repetitious choruses, which does bring one into an **alpha state of consciousness (I know these states well, I used to spend hours in a sensory deprivation tank) and thus shutting down the rational mind. Thus the chela/student/disciple/believer is open to receiving the impartation from the guru/pastor/prophet/apostle. . .and lo-and-behold they do.**

Are these "moves" from God? **No they are not.** From all I have read, seen, experienced as a former mystic and as a *Charismaniac* I can say on the basis of Scripture that what is occurring is a **cleaver counterfeit** - something mimicking the genuine so as to deceive those who would normally accept the genuine. I pray for the deliverance of those leaders who are ignorantly leading God's people astray and I pray for the multitudes of hungry believers who for some reason or another find simple faith in the Scriptures not enough to satisfy their souls.

Words from a Minister During the Revival in Wales Jessie-Penn Lewis

"The counterfeit of the Presence of God is mainly felt upon the body, and by the physical senses, in conscious "fire," "thrills," etc. The counterfeit of the "Presence" in the atmosphere is felt by the senses of the body, as "breath," "wind," etc., **whilst the mind is passive or inactive.** The person affected by this counterfeit **will be moved almost automatically to actions he would not perform of his own will, and with all his faculties in operation.** He may not even remember what he has done under the "power" of this "presence." Jessie-Penn Lewis *War On the Saints*, page. 153

"But another man had the same impulse, and **fell down groaning and roaring**, beating the floor with his hands and feet, and the demon entered into him as the angel of light, and got him to think that his conduct was of the Holy Ghost, and it became a regular habit in the meetings he attended. . ." *War on the Saints* pg. 150

"Nothing supernatural should be felt by the senses, but by the spirit. . .Counterfeits of today are generally wrought upon the soulish - or sense life - of believers who have not learnt to distinguish between soul and spirit." Jessie Penn Lewis *The Spiritual Warfare*, pgs. 16-17

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IS IT LIVE OR MEMOREX?

As one who has *drunk* from various *streams* flowing into today's mighty river of renewal or revival I understand many still flowing with the recent flood will challenge my point of view.

The primary Charismatic argument is simply this "*we have the genuine, and the occult is the counterfeit.*"

POINT #1 -

To begin with the Kashmir Shavites can rightfully lay claim to having the "original." Kundalini Yoga can trace its roots (and subsequent manifestations) back almost 1,900 years BEFORE Christ. It is very very old. So they are the ones who can claim that the "Toronto Blessing" is the counterfeit or at least owes its manifestations to spontaneous Kundalini Awakenings.

POINT #2 -

For something to be counterfeited there, obviously, must first be an original or genuine article. The manifestations from H. R. Browne/Toronto/Pensacola have **NO CONTEXTUAL BIBLICAL SUPPORT**. There is no genuine Biblical example of these manifestations, thus there is nothing to counterfeit. These manifestations are at best **EXTRA-BIBLICAL** and **FLESHLY CARNAL** displays and at worst are **DEMONIC FORCES** deceiving God's people.

POINT #3 -

As stated above these charismatic manifestations totally lack Biblical

example BUT correspond on a ONE-TO-ONE basis with the occultic demonic manifestations clearly associated with the serpent power of Kundalini Yoga.

Why would any Christian endorse or be willing to participate in something **DEVOID** of Biblical precedent, yet full of occult similarities?

The ONLY answer is that these sincere Christians are:

(1) **IGNORANT** of the true history of these "new" (to them) manifestations and (2) **DECEIVED** by angels of light masquerading as ministers of righteousness

I challenge ANYONE to prove me wrong in my comparisons.

Benny Hinn "throwing the anointing over the crowds" is an EXACT parallel to the actions of the power gurus - with the same resulting manifestations.

The manifestations at Toronto & Pensacola are an EXACT parallel to those in people having the serpent power awakened in them.

In both camps people obtain these manifestations through the laying on of hands, via impartation of an anointed individual.

Like the old saying goes "if it walks like a duck and quacks like a duck...its a duck."

These seemingly new manifestations in the Charismatic segment of the Body of Christ are NOT of God. They do not have their origin in the Holy Spirit of God.

From all I have experienced, seen, and studied what I see is a mixture of both **FLESH** and **DEMONS** at work in these manifestations. **We need to warn the brethren and pray for their deliverance from demonic oppression and deception.**

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My Experience With the Serpent Power

As a teen in the 70's I wandered from my Reformed roots into mysticism. Before coming back to Christ I had taken close to 200 doses of LSD, and a great many other mind-altering chemicals, some of which my friends and I created in our own home "labs."

During this time I read a great many books on mediation, alchemy, and sorcery. When I got to the University of Michigan I joined the Siddha Yoga Ashram which was under the spiritual control of Muktananda Paramahansa via his locally chosen guru.

I used to go there and practice mediation, chant the times of Hindu gods. Eat the food from the altar which was chanted over and thus empowered with the guru's grace.

The time came when they offered people the opportunity to receive training culminating in *shaktipat* initiation. I underwent the training and at the end of the ceremony the local guru came and laid his hands on my head.

When he laid hands on me my eyes immediately shot upwards into my head and I felt currents of electricity flow into my body.

When the guru went to others and laid hands on them some of them began to breath loudly and rapidly, some made physical movements, and other manifestations.

I continued with the Ashram for a little while longer. . . fortunately the Lord Jesus Christ had other plans for my life and I was drawn back to complete faith in Him and Him alone. I renounced all of my former practices upon returning to my Savior.



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